



# TEACHING AIDS AND HOMEWORK

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IN ORDER TO SUPPORT THE CHILDREN'S LEARNING

# TEACHING AIDS AND HOMEWORK

## LESSON 1: INTRODUCTION - HAND WASHING ROUTINES

### ANNEX 1



# TEACHING AIDS AND HOMEWORK

## LESSON 1: INTRODUCTION - HAND WASHING ROUTINES

ANNEX 2 (1 COPY X 1 STUDENT)





# TEACHING AIDS AND HOMEWORK

## LESSON 2: COOPERATION

ANNEX 1 (1 SET OF CARDS X 1 STUDENT)



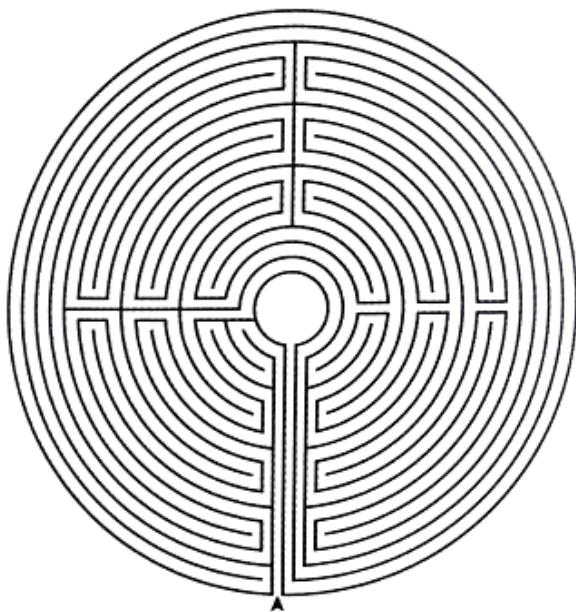
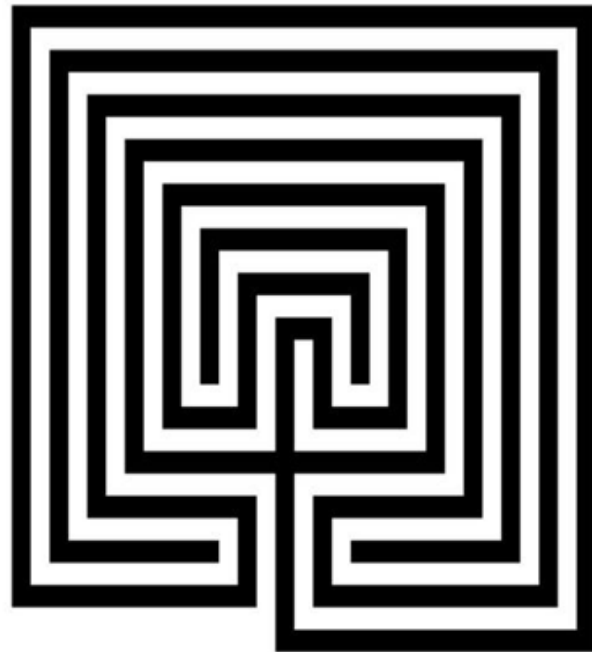
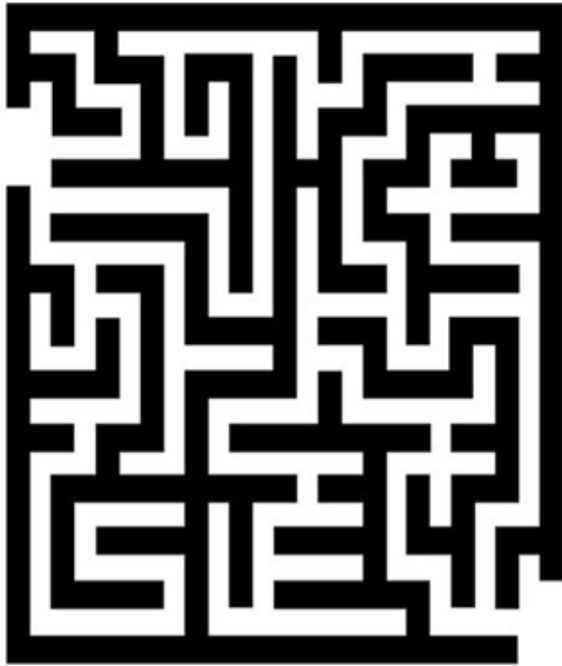


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## LESSON 2: COOPERATION


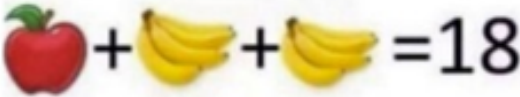


### HOMEWORK - 3 DIFFERENT OPTIONS BASED ON THE AGE AND LEVEL OF THE STUDENTS




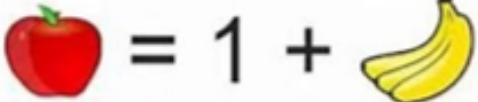

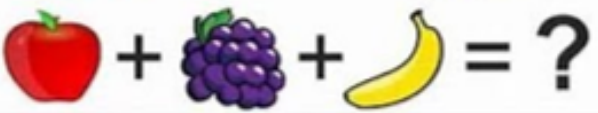
#### OPTION 1 (recommended for young students)



# TEACHING AIDS AND HOMEWORK

OPTION 2 (recommended for middle age students)

 = 30  
 = 18  
 = 2  
 = ??

 = 7  
 = 5 +   
 = 1 +   
 = ?

OPTION 3 (recommended for older students)

		4	6	2				1
	1			4		3		6
3	6		1				4	
		1		6		2		4
	3	5			4		1	
2					8	6		
7	2							3
		6	5	3		4		
4					1		6	

3			1			2	6	
1	9				8			3
		5	6		3	1		
	3			9			2	5
5	1		2				3	
9	6	2						1
		1	9	6		3		
8		3		1				6
	2				5			4

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## LESSON 3: IDENTIFY YOUR EMOTIONS

ANNEX 1 (1 COPY X 1 STUDENT)





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## LESSON 3: IDENTIFY YOUR EMOTIONS

ANNEX 2 (2 COPIES OF EACH PICTURE X 1 GROUP)



# TEACHING AIDS AND HOMEWORK

## LESSON 3: IDENTIFY YOUR EMOTIONS

ANNEX 2 (2 COPIES OF EACH PICTURE X 1 GROUP)



# TEACHING AIDS AND HOMEWORK

## LESSON 3: IDENTIFY YOUR EMOTIONS

### HOMEWORK

Dear parents: in this activity the answers of your kid are not right or wrong. It is a way to find out how they feel in different daily activities, giving very useful information to us, to them and to you. Please help them to understand the question and let them answer by themselves.

Thank you for your support!

How do you feel when...	Very sad	Sad	Neutral	Happy	Very happy
	1	2	3	4	5
Playing sports	1	2	3	4	5
Playing with the phone	1	2	3	4	5
Playing with your parents	1	2	3	4	5
Sleeping	1	2	3	4	5
Singing	1	2	3	4	5
Dancing	1	2	3	4	5
Going to school	1	2	3	4	5
Learning new things	1	2	3	4	5
Working	1	2	3	4	5
Making new friends	1	2	3	4	5
Helping in the house	1	2	3	4	5
Do homework	1	2	3	4	5
To add more options	1	2	3	4	5
Parent's signature:					



# TEACHING AIDS AND HOMEWORK

## LESSON 4: ANGER MANAGEMENT (1)

### ANNEX 1 (1)

Things that might make you feel SAD or ANGRY

<b>Being told 'no'</b>	<b>Getting teased</b>	<b>Not being listened to</b>
<b>When something is unfair</b>	<b>Losing a game</b>	<b>Hunger</b>
<b>Your parents have an argument</b>	<b>Getting ready for school in the morning</b>	<b>Someone taking something that belongs to me</b>
<b>Turning off video games</b>	<b>Nobody listens to you</b>	<b>When someone hurts me</b>
<b>Go to school</b>	<b>Teacher yells at me</b>	<b>Push me to do something</b>
<b>Wake up early</b>	<b>No good curry</b>	<b>Getting stuck with homework</b>
<b>Someone insulting you</b>	<b>Being interrupted</b>	<b>Failing an exam</b>

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## LESSON 4: ANGER MANAGEMENT I

### ANNEX 1 (2)

Things that might make you feel HAPPY

<b>Playing football</b>	<b>Singing</b>	<b>Dancing</b>
<b>Drawing</b>	<b>Playing with friends</b>	<b>Eating with my family</b>
<b>Listening to music</b>	<b>Going to the market</b>	<b>Taking photos</b>
<b>Playing games</b>	<b>Running</b>	<b>Helping a friend</b>
<b>Putting make- up</b>	<b>Eating snack</b>	<b>Helping my parents</b>
<b>Doing whatever I want</b>	<b>Riding bicycle</b>	<b>Taking photos</b>

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## LESSON 5: ANGER MANAGEMENT II

### THE PEACEFUL SQUARE

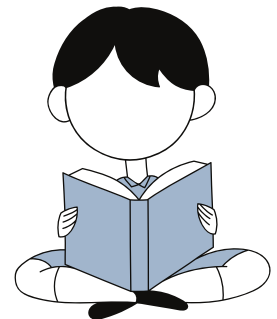
Here you can find some links to videos that you can use for the class. Feel free to choose the videos that are more adapted to your players!



Dancing Station



Reading Station



Yoga Station





# TEACHING AIDS AND HOMEWORK

## LESSON 6: FEAR I

### ANNEX 1

Public Speaking	Arguing with your parents	Not having enough money	Taking a test
Getting sick	Picked on by bullies	Losing something that is not yours	Making new friends
Bad grades	Performing on a stage	Moving away to another house	Death of a love one
Too much homework	Preparing your Birthday party	Losing money	Traveling by plane
Parents losing job	Parents fighting	Nobody caring about you	Going by boat
Learning how to ride a bicycle	Football game on a Saturday	Falling in love	Meeting a pack of dogs

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## LESSON 7: FEAR II

### ANNEX 1



POSITIVE (+)	NEGATIVE (-)

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## LESSON 7: FEAR II

### ANNEX 1



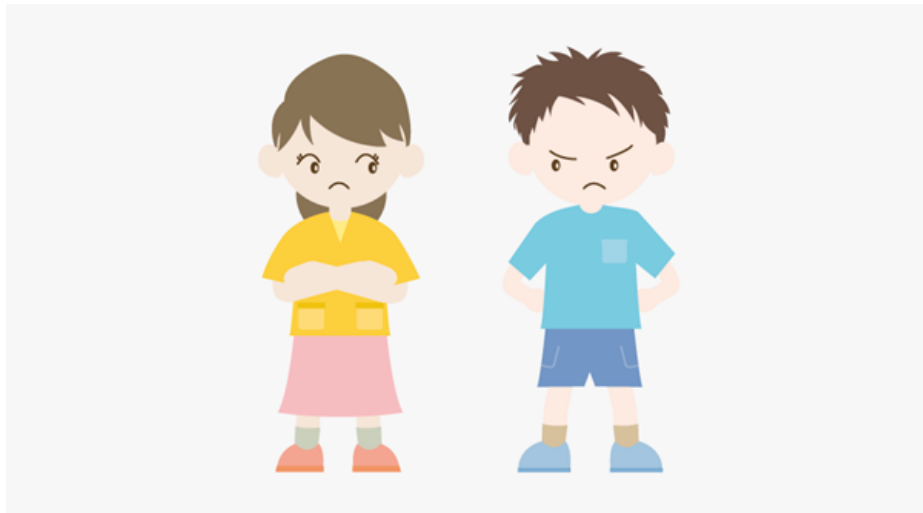
POSITIVE (+)	NEGATIVE (-)



# TEACHING AIDS AND HOMEWORK

## LESSON 7: FEAR II

### ANNEX 1



POSITIVE (+)	NEGATIVE (-)

# TEACHING AIDS AND HOMEWORK

## LESSON 7: FEAR II

### ANNEX 2

#### Father is sick

Can't go to the school	Reduce income	Pay the hospital
Take more responsibility	Spend more time with my father	Learn how to cook

#### Fail exam

My parents get angry	Not much free time	Do the exam again
Review the lesson	Ask for help	Pay more attention in the class

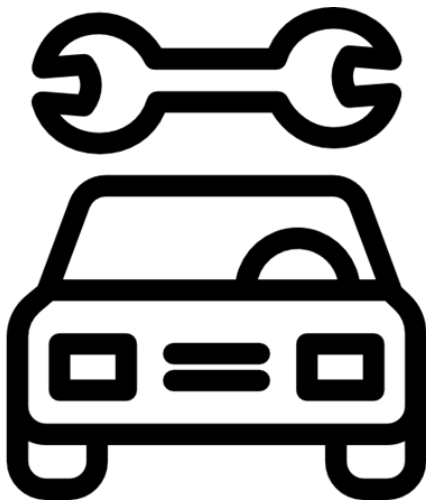
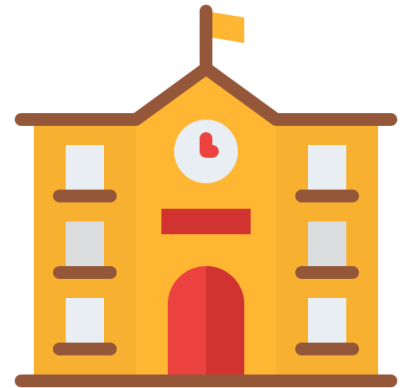
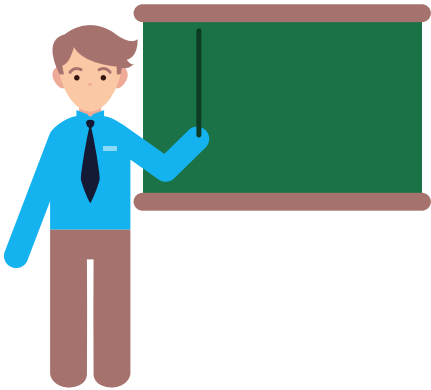
#### Arguing with friend

Don't want to go to school	Lose concentration in the class	I feel alone
Meet new friends	Learn to say sorry	Know more about my friend

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## LESSON 8: FEAR III

### ANNEX 1



# TEACHING AIDS AND HOMEWORK

## LESSON 8: FEAR III

### ANNEX 2 (1 COPY X 1 GROUP)

Here you can add more situation adapted to the context and ability of the students

<i>My bicycle is broken</i>	<i>I want to fix it!</i>
<i>I am hungry</i>	<i>I really want to eat something</i>
<i>The homework are very difficult</i>	<i>I want to understand how to do</i>
<i>I am sick</i>	<i>I want to feel good</i>
<i>I wake up late to school</i>	<i>I want to arrive on time</i>
<i>I feel lonely</i>	<i>I want to meet friends</i>
<i>I lost money</i>	<i>I want to find the money</i>

# TEACHING AIDS AND HOMEWORK

## LESSON 8: FEAR III

ANNEX 3 (1 COPY X 1 PAIR)



1 \_\_\_\_\_

\_\_\_\_\_

2 \_\_\_\_\_

\_\_\_\_\_

3 \_\_\_\_\_

1 \_\_\_\_\_

2 \_\_\_\_\_

4 \_\_\_\_\_

1 \_\_\_\_\_

2 \_\_\_\_\_



# TEACHING AIDS AND HOMEWORK

## LESSON 8: FEAR III

HOMEWORK FOR OLDER STUDENTS (1 COPY X 1 STUDENT)



1 \_\_\_\_\_

\_\_\_\_\_

2 \_\_\_\_\_

\_\_\_\_\_

3 \_\_\_\_\_

1 \_\_\_\_\_

2 \_\_\_\_\_

4 \_\_\_\_\_

1 \_\_\_\_\_

2 \_\_\_\_\_

# TEACHING AIDS AND HOMEWORK

## LESSON 8: FEAR III

HOMEWORK FOR YOUNGER STUDENTS (1 COPY X 1 STUDENT)

Problem	Aim
	
	
	