

ANNUAL REPORT 2022

Play  **onside**
for equal opportunity



OUR FUTURE IS NOW

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YEAR IN REVIEW

2022 hasn't been an easy year. Actually, is there any?

The ongoing conflict in Myanmar has a tremendous impact on the border. The city is welcoming the newcomers, schools are as full as ever and the challenges for the community has increased.

With this context, we have been able to reaffirm the power of play regardless of sex, age or background. We have witnessed how our projects have been able to further education and knowledge, offering a place to learn and share with each other, where participants can develop their new friendships, networks and any kind of relationship that helps them better adapt to the new reality.

On the other hand, football is finally back after the restrictions for Covid were lifted. After 2 years, we have realised how much learning we have acquired during the pandemic and it has been reflected in our "traditional" football activities. These have evolved to a more complete program, adapted and updated to the new now.

Despite the changes and challenges, we keep moving forward because...

OUR FUTURE IS NOW

ABOUT PLAYONSIDE

PlayOnside is a non-governmental organisation founded in 2013, that uses football and play-based activities as tools to educate and empower Burmese migrants and refugee children, youth and adults displaced in Thailand. Since its inception, PlayOnside has grown to become a major player in spreading education by promoting Gender Equality, Social Inclusion and Empowerment among the Burmese community in Mae Sot, on the Thai-Burma border.

Since the COVID pandemic, PlayOnside reinvented itself, creating new programs better suited to the needs of the community. The new projects have expanded to cover other areas besides sports such as Leadership, Sexual and Reproductive Health & Rights (SRHR), Emotional Resilience and a wide range of different activities related to life skills.

Today, PlayOnside is still an integral part of the education system on the Thai-Burma border.

OUR VALUES



GENDER EQUALITY

We believe in equal access to opportunities regardless of gender. Therefore, we work with the communities to promote equal opportunities for boys and girls, pushing for stronger cooperation, respect and responsibility among them.



SOCIAL INCLUSION

We believe in the power of football to bring the migrant and host communities together and to tear down the walls hindering social integration.



EMPOWERMENT

We believe in empowering individuals and communities to improve their skills and gain confidence and recognition. Through our programs, they develop a feeling of belonging.



+ 1,600
PARTICIPANTS

+1200
HOURS OF TRAINING

9

PROGRAMS
 Courses and activities
 implemented by
 PlayOnside during
 2022

40%

**WOMEN AND
 GIRLS
 PARTICIPATION**

MEET THE NEW STAFF



Hnin Hayman
We Can Play Coordinator



Grace
Education Manager



Thura Hein
Communications Manager



Moses
Coach & Educator



Anna Rodriguez
Fundraising Coordinator





**EDUCATION
PROJECTS**

**STAR
FLOWER**

**GREEN
ISLAND**

**EMOTIONAL
RESILIENCE**

SRHR



STAR FLOWER



OBJECTIVE

Improving social skills and developing gross and fine motor skills of children with disabilities. Raising awareness among parents and the community about disabilities and how to take care of disabled kids while reducing existing social norms.



TARGET GROUP

Migrant children with disabilities 5 years and older and their parents.



ACTIVITIES

Physical trainings, mini friendship games throughout the year and nature day.

50

children & parents participating



40%

female participants

190 HOURS
of training



Children with disabilities face discrimination and stigma in their daily lives, and this programme allows them to feel part of a larger community.





GREEN ISLAND PROJECTS

GREEN ISLAND

A migrant community with over 500 inhabitants is located next to a dump side in Mae Sot. Most of the community works as low-wage workers in the recycling plant, agricultural sector, factories or other low-paid day jobs.



OBJECTIVE

Providing educational opportunities to the most marginalized children and youth. Offering activities to foster personal and mental growth and strengthen a feeling of community.



TARGET GROUP

Green island community residents, both children and adults depending on the activities provided.

200 children & parents participating



40%

female participants

122 HOURS of training





ACTIVITIES

SRHR

MOVIE NIGHT

ART CLASSES

FOOTBALL TRAINING



This program contributes to creating a positive environment, healthy habits and promoting better development and growth of these children.





EMOTIONAL RESILIENCE



OBJECTIVE

Empowering migrant students to be mentally and physically prepared for their future. Teaching how to grow through challenging situations, overcome setbacks and problems, and build up confidence.



TARGET GROUP

Migrant students between 8-18 years of age.



ACTIVITIES

Weekly sessions in schools.

250 students participating



51% female participants

300 HOURS of training



Thanks to these courses, students learn to manage their emotions and reduce their daily stress, which favors their well-being.





SRHR-TRAINING

SEXUAL REPRODUCTIVE HEALTH AND RIGHTS



OBJECTIVE

Create a safe space to learn, share and discuss sexual health and rights to increase the level of SRHR knowledge among migrant youths and communities. Reduce issues such as early marriage, pregnancies, and sexually transmitted diseases.



TARGET GROUP

Migrants between 13-50 years of age



ACTIVITIES

Regular trainings in schools/communities

83 children & parents participating

61% female participants

50 HOURS of training

3 GOOD HEALTH AND WELL-BEING

5 GENDER EQUALITY



SRHR teaches us how to protect ourselves. Its a learning that will benefit the new generations of migrants.





LEADERSHIP PROGRAM



OBJECTIVE

Unlocking migrant youth's leadership potential, improving self-confidence and equipping them to lead with impact. Raising awareness for gender equality and teaching critical thinking, team spirit and effective communication.



TARGET GROUP

Migrant students between 16-23 years of age.



ACTIVITIES

Leadership trainings in schools and communities.

29

students participating



48%

female participants

25

HOURS

of training



This training is very important because it teaches us to work with one another, improve our communications skills and have better opportunities for our future.





SPORTS PROJECTS

WOMEN
LEAD
TRAINING

SUA
TRAINING

YOUTH
TRAINING

REGULAR
TRAINING



WOMEN LEAD TRAINING



OBJECTIVE

Providing opportunities for migrant women and girls to have access to regular football activities in order to break down gender stereotypes and promote equalities.



TARGET GROUP

Migrant women and girls between 5 and 35 years of age.



ACTIVITIES

Football activities for women and their children.

+500

students
participating



41%

female participants

138 HOURS
of training



Joining PlayOnside training enables me to develop essential skills such as leadership, communication, interpersonal abilities and football skills.





YOUTH TRAINING



OBJECTIVE

Connect different communities and schools to promote social inclusion and empowerment and teach healthy habits and values while reducing harmful practices.



TARGET GROUP

Migrant boys between 13-25 years of age.



ACTIVITIES

Football Training, Coaching Training and Regular Tournaments.

70 children participating



72 HOURS of training



It is very important to foster greater cohesion among young immigrants. We aim to reduce their negative habits through an environment in which they can develop personal and physical skills.





REGULAR TRAINING

REGULAR FOOTBALL TRAINING IN SCHOOLS

Mae Sot's immigrant schools lack quality education due to their limited capacity and resources. Children do not have access to playful activities, which hinders their growth and development.



OBJECTIVE

Provide regular football training activities and tournaments to immigrant schools to foster personal and mental growth and reinforce a sense of community.



TARGET

Children ages 8 to 18 attending Mae Sot's immigrant learning school.

+600 children participating

37% women participation

HOURS +200 of training

3 GOOD HEALTH AND WELL-BEING

4 QUALITY EDUCATION

5 GENDER EQUALITY

10 REDUCED INEQUALITIES



ACTIVITIES

COACHING TRAINING

LIFE SKILLS PROGRAM

WEEKEND TOURNAMENTS

WEEKLY TRAININGS AT THE MIGRANT
SCHOOLS



This program helps our players break down stigmas and social divisions, promoting greater inclusion in the Burmese community itself.





TAR TOURNAMENT

During the month of November and December, PlayOnside prepared a group of 15 players who would represent the Burmese community at the TAR Asia Qualifier in Bangkok. This tournament brings together the best teams in Asia to compete for a place in the TAR U11 Promises tournament in Barcelona (Spain). For the children who participated, it was the first time they had the opportunity to leave Mae Sot. It was a life-changing experience.

35 boys and girls participating

5 coaches

+100 HOURS of training

3 GOOD HEALTH AND WELL-BEING

10 REDUCED INEQUALITIES

This experience provides a unique opportunity for our players to meet children of different nationalities, while encouraging them to open up and share their story with children who have had another type of childhood.





COLLABORATIVE PROJECTS

BEF

FOTMOB
EVENT

STEPPING
STONES

DAUGHTER
RAISING
COACHING
TRAINING

CHILD
FRIENDLY
SPACES



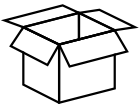
BORDER EMERGENCY FUND (BEF)



DESCRIPTION

This program was born in 2021 to provide basic needs such as food, medicine, masks to families that suffered the effects of the pandemic. As the pandemic situation dissipated, a new emergency emerged due to the coup in February 2021.

Since then, the aid was extended to those families forced to flee to Thailand due to the armed conflict Myanmar is facing.



CONTENT OF THE SETS

- Dry foods
- Hygiene supplies
- Shelter materials

+5.000 SETS
DISTRIBUTED

+16.000
beneficiaries

53%
women beneficiaries



All the participants of the program report that they are satisfied with the quality of the food and the types of food provided to them.





STEPPING STONES



DESCRIPTION

During 2021 and 2022, PlayOnside supported the organization Teacher Focus on their research “Stepping Stones: The Impact of Twin Crises on the Future of Migrant Education in Thailand”, It focused on understanding the impact of the twin crisis, the Myanmar conflict and the COVID pandemic, on children's access to education through interviewing students, parents, teachers, school directors and education organization representatives from across a spectrum of migrant education pathways in Tak province.

The research was initiated in May 2021 and concluded in August 2022. PlayOnside assisted the project through the co-development of the research tools, supporting the research with their expertise on the field of migrants education in Mae Sot, and the analysis of the results of the research. In December 2022, PlayOnside was invited to the celebration of the conclusion of the research.



This experience has given me priceless social and communication skills and the opportunity to travel and engage with individuals from diverse communities and backgrounds, enriching my perspective and knowledge.





FOTMOB EVENT



DESCRIPTION

At the end of June, PlayOnSide, with the collaboration of FotMob, organized a tournament with the aim to foster an inclusion, equality and empowerment to the migrant community.



TARGET GROUP

Migrant women, men, girls, children, and teachers



ACTIVITIES

Tournament.

+100
participants

 **7** HOURS
of training and tournament

5 GENDER EQUALITY 

10 REDUCED INEQUALITIES 



It was a great opportunity for PlayOnSide to collaborate with FotMob and once again, demonstrate the power of football through a friendly tournament.





DAUGHTER RAISING COACHING TRAINING



DESCRIPTION

During the last week of October, PlayOnside collaborated with Daughters Rising to provide a two-day of Intensive Football Coaching Training at Maewang school, Chiang Mai. The aim of the coaching training was to empower young people to combat drug addictions within their communities.



TOPICS OF THE TRAINING

- The Foundations of football
- Coaching Methodology
- Lesson-Planning
- Children's Mentality

13 youth participating

53% women participation

12 HOURS of training



After the Coaching Training, the participants felt confident to arrange their own football training sessions.





CHILD FRIENDLY SPACES



DESCRIPTION

In March 2022, PlayOnside continued collaborating with the organization Help Without Frontiers (HWF) to support the program Child Friendly Spaces.

The centers aim to accompany the socio-emotional development of children by participating in weekly activities that promote their social skills, critical thinking, and emotional intelligence, among others.

In addition, PlayOnside developed a guideline to support the community champions of each of Child-Friendly Space when implementing the activities,

+400
students

11

Child Friendly Spaces and community champions



We need to work cooperatively among parents, neighbours, and child protection organizations.



CAPACITY BUILDING



FIRST AID
TRAINING

TEAM PE
WORKSHOP



FIRST AID TRAINING



DESCRIPTION

On the 15th of November, Teresa González, a practicing nurse from Barcelona, Spain provided a refreshing first aid training to PlayOnside to review their knowledge on first aid assistance to our participants.

Through demonstrations and knowledge sharing, the PlayOnside team gained a deeper understanding of first aid assistance.



TOPICS OF THE TRAINING

- Healing wounds and burns
- Injuries
- Heat strokes
- Bleeds
- Epileptic attacks

15 staff participating



3 HOURS of training



This training provided a great review on the best practices to assist our players in the common health risks they face while practicing sport





TEAM PE WORKSHOP



DESCRIPTION

In April, Team PE, a UK based organization dedicated to using sport for positive social change and youth personal development, visited PlayOnside by offering a capacity building training to support the team in program development and providing new methodologies to teach the values of sport to the local community.



TOPICS OF THE TRAINING

- Fairness
- Leadership
- Empathy
- Selflessness

15 staff participating

3 DAYS of training

4 QUALITY EDUCATION

5 GENDER EQUALITY

10 REDUCED INEQUALITIES



It was a great experience to receive the Team PE at PlayOnside, we learned new approaches to include important values to our practices.



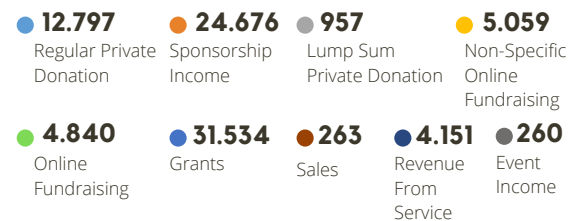
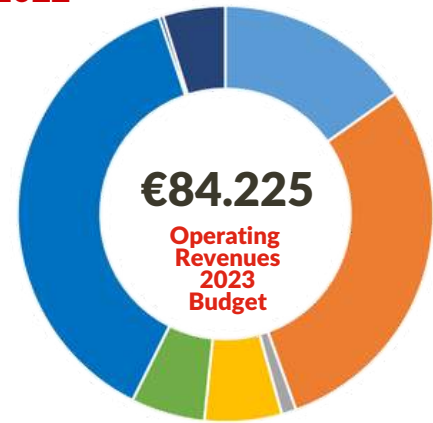
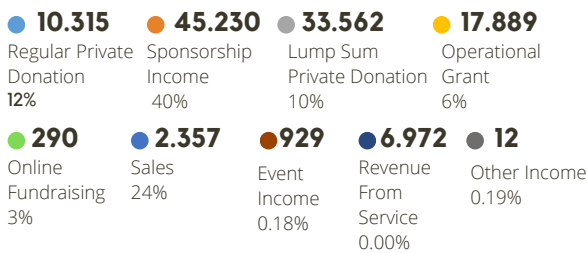


PARTNERS AND COLLABORATIONS



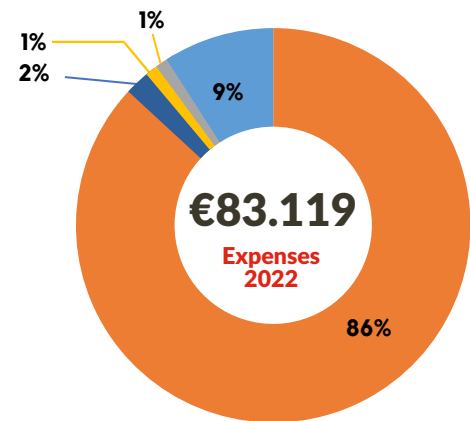
FINANCIAL STATEMENT

INCOME STATEMENT 2022



ANNUAL EXPENSE 2022

HOW THE MONEY SPENT	SPECIFIC €	TOTAL €	RATION OF EXPENSE
● ADMINISTRATION COST		7.713	
-Office Rent	984		
-Office Equipment	2.386		
-Internet, Telephone and Webpage	782		
-Taxes and Visas	3.159		
-Other costs	402		
● PROJECT COST		71.166	
● PROGRAM DEVELOPMENT		1.024	
● SOCIAL BENEFITS		1.157	
● COMMUNITY SUPPORTS		2.059	
TOTAL EXPENSE		€83.119	



FINANCIAL RESULT

	2022 €	2022 Budget €
Net Interest Rate	2.357	574
Financial revenue	7.505	-461
Exchange rate	929	0
Account Recievables	0	164
NET FINANCIAL RESULT	10.791	250

PlayOnside has gained financial revenue by taking advantage of the use of the fluctuation and transfer while the rate improved. As PlayOnside majority of incomes are from Norwegian Kroner and Euros while our expenses are mostly in Thai Baht, we are vulnerable for fluctuation in the exchange rate.

ANNUAL RESULT

	2022 €	2022 budget €
Operating Income	117.557	84.225
Financial income	10.791	250
Operating expenses	-83.119	-83.119
Annual Result	45.229	1.356

CONSOLIDATED BALANCE SHEET

2022 FINANCIALS

Fixed Assets	1.976	} END OF YEAR 2022 TOTAL EQUITY € 168.285
CASH	672	
SIAM COMMERCIAL BANK	1.509	
BBVA SPAIN	15.788	
DNB NORWAY	141.562	
PAYPAL	1.309	
SCB 2	5.469	

CONCLUSION

After the removal of restrictions and the full opening of schools, PlayOnside faces 2023 with optimism when it comes to being able to develop annual activities.

On the other hand, the situation in Myanmar, where the conflict seems to have no end, and which has caused the massive arrival of displaced people, makes support extend further. This is a drain on resources, but above all on a mental and emotional level.

More than ever, teamwork and staff commitment is essential to provide the broadest and best support to the community.

This entails a greater use of resources, both personal and economic, but also a source of learning to continue growing and creating a greater impact.

The support and trust of all is essential to achieve our goals and provide the community with a more dignified present.

OUR FUTURE IS NOW



THANK YOU



Play  **onside**
for equal opportunity



FACEBOOK



INSTAGRAM



TWITTER



LINKEDIN